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Development Training

Course Details

Code: **PS5** – Contact Dwight Davis for arrangements regarding this course.

Name: **Improving Your Thinking Power – Mental Flexibility
– Analytical Problem Solving Skills**

Type: Team and Personal Skills Development for employees, supervisors, and managers

Duration: 1 Half Day – 8:30 A.M. to 12:30 P.M. or 8:00 A.M. to 12:00 Noon (suggestions only)

Estimated Cost: Contact us for a quote tailored to your specific requirements.

Description: This course will provide your employees with analytical problem solving skills, that will help you “think outside the box” to identify better and improved solutions.

The topics to be discussed are as follows:

- Mental flexibility to adapt to change
- Increasing your perception
- Clarity in observation of facts
- Mind-set and attitude – It’s effect on behavior
- Point of view relative to priorities
- How to get your point across with the facts
- Mental flexibility in our communications with others
- Mind-Map approaches to learning and remembering
- Spontaneous “Thinking on your Feet”

Objectives: Upon successful completion of this training, your employees will be able to have increased mental flexibility and ability to “think outside the box.” In addition, participants will be able to use these additional skills to more effectively identify and implement improved solutions to problems.

Course Delivery Method:

The format is classroom workshop facilitation training and instruction.

Course Materials:

There is one (1) presentation packages for this course with handout packages for participants.
“Building Your Thinking Power – Mental Flexibility” – 30 plus pages.

Notes:

Feel free to bring paper and writing instrument to take notes.

This course will be “fun” as well as educational! You learn MORE when you are having fun!